

HUUF Sunday Services for December, 2009

December 6 – 11 a.m. only

Holistic Health: The underlying factor of stress in the world - Doug Mertz

Doug will talk about large and small sources of stress in our busy lives and present some possible strategies for reducing stress and restoring balance. This is especially relevant for the holiday season.

December 13 – 11 a.m. only

Children's Christmas program

An annual HUUF tradition continues as the children in our Religious Education Program present a special holiday program for children of all ages.

December 20 – 11 a.m. only

Holiday music and gift-making

Let's all gather together for some joyful, hands-on holiday festivities. This event will feature various yuletide activities, including cookie-decorating and ornament-making. Some we'll make just for ourselves and some will be designed as gifts.

Holiday musical activities are being arranged by our choir director, Elisabeth Harrington.

Apple juice will be provided, and participants are asked to bring finger foods to share.

December 27 – 11 a.m. only

Cider Sunday

With the first day of 2010 just a few days away, members of the Fellowship will gather in an informal setting to sing holiday songs and to share thoughts and memories of 2009 as well as our wishes and hopes for the coming year. Bring finger foods to share with all. Cider will be provided.