

# July Schedule of Services

**July 5 – 10 a.m.**

**To Laos with Love – Howard Stauffer and Jeff Knapp**

**Fellowship Potluck**

In August 2008, six Humboldt County residents, including Fellowship members Howard Stauffer and Jeff Knapp, bicycled in a remote region of Laos to attend the dedication of a new school building constructed for 300 villagers at Vang Tang village. Construction funds were provided by local Rotary clubs and private donations. Howard, Jeff and other group cyclists will present slides, video and narrative about their adventure, and also describe the life-changing importance of the project to villagers and their children.

An all-Fellowship potluck picnic will immediately follow the service. This is an intergenerational event to just relax and have FUN. Bring your potluck dish to the kitchen before the service. It is highly probable there will be a croquet game or two. Come one and all and bring your friends.

**July 12 – 10 a.m.**

**Singing Bowls – Lili Hillis**

Have you ever heard quartz crystal "singing bowls"? Here is your opportunity to experience this unique instrument that has a relaxing and healing affect on the body. In addition to playing her bowls, Lili will present a talk on the science behind the quartz crystal singing bowls. The relaxing affect of them is used as an aid to the body's inherent ability to heal itself. Her children's story, "Funny Things We Count On But Cannot See," will be about the wonders of the invisible side of the world we live in.

Lili has been playing music of the heart since 1962, first on piano then adding guitar and electric bass. She has been playing this "new" instrument for the last three years. Her mantra is: "I raise my frequency frequently." The quartz crystal singing bowls complement her meditative path.

**July 19 – 10 a.m.**

**Morality? Prudence? Pragmatism? Adolescent Views on Sex! – Brad Morin**

When it comes to sexual relationships, how do our children define propriety? What of who, where, when, and premarital safe sex or abstinence? What influence do we provide in their thinking?

HUUF member Brad Morin says he has deep feelings about this subject, and adds "but I have learned the wisdom of questioning deep feelings. Beyond my selfish desire for discussion from which I can learn, it seems a healthy public discussion would give a foundation beyond that supplied by Hollywood and the media. I'm hoping the wise and experienced will show up with their perspectives in tow."

Parents currently engaged in planting memes in young minds might also welcome a discussion exposing new considerations. Opposite sex relationships will be the principle focus, but parallel issues in same-sex relationships are certainly welcome in the discussion.

**July 26 - 10 a.m.**

**Discussion service: "Wilderness and Wildness" - Berti Welty, moderator**

The wilderness, both in the external world and within us, can be either an exciting world of new opportunities or a place of uncertainty and fear - or a mixture of both. Join us as we explore our unique individual reactions to the untamed places. Come ready to discuss the following questions:

1. Is the external wilderness a place we enter for spiritual experience and renewal, a sacred place that takes us out of our small selves and into the grandeur of creation? Or is it a place of fear and inadequacy?
2. Is our internal wildness a place that we brave to discover something essential to our true selves, or is it a raw and dangerous place we avoid?
3. Is there a relationship between the external wilderness and the internal wildness?

# August Schedule of Services

**August 2 – 10 a.m.**

**The Peace Movement and Hiroshima – David Cobb**

David Cobb, well-known local social activist, will be speaking about Hiroshima and the peace movement. Mr. Cobb is a longtime activist for progressive causes at both the national and local level and was the Green Party candidate for president in the 2004 election. He has written many columns for the Times-Standard and is the host of Thursday Night Talk on KHSU. He is currently the campaign manager for Democracy Unlimited of Humboldt County.

**August 9 – 10 a.m.**

**A History of American Folk Music Through Song—Sandy Lynn**

From Sea Shanties to Bob Dylan, we will sing songs that paint a picture of our country's growth and transformation through the years. There will be many old favorites, with a few new songs to learn as well. Come join the Lynn family for a fun, music-filled morning.

**August 16 – 10 a.m.**

**Self-Evident Truths - Doug Matheson**

Doug works with his students through a thought process that points out to them that, in being consumers of information in today's media-saturated environment, we have to get better at recognizing bias, at reading between the lines. Yet before we can do a good job recognizing bias in others, we should become conscious of what our own biases are.

Matheson will apply this concept to current life in America, including political and economic aspects, and will challenge us to be willing to say things that aren't welcomed by others. To walk his talk, he will finish by saying a few things he anticipates won't be entirely welcomed by most in the congregation.

Born in CA, Doug grew up in India, the child of missionaries.

After years spent teaching at church schools, Doug realized he could no longer teach science within the context of conservative Christian beliefs and they settled in Klamath Falls. He has since taught science and social studies at Lost River High School.

In 2006, Doug founded Klamath Basin Youth Without Borders, whose motto is "Building Bridges." During spring break 2007, they took 11 young people to southern Thailand, and in 2009 another 12 to eastern Brazil; both projects worked through Habitat for Humanity.

**August 23 - 10 a.m.**

**Discussion service : "Shadow" - Connie Roser-Renouf, moderator**

Jungian psychology suggests that we all learn to relegate parts of ourselves into our "shadows," that is, psychologically out of sight and mind. This may include anything we learned growing up that was not acceptable: sexuality, aggression, fear, kindness, ambition, artistic ability, exuberance. Jung felt there was great power in the shadow, unacknowledged needs which can skew our behavior, repressing healthy aspects of personalities and diminishing the scope of our lives and our capacity to live joyfully.

**August 30 – 10 a.m.**

**Economic Overview of Humboldt County - Erick Eschker:**

Dr. Eschker is director of the Humboldt Economic Index, a monthly publication that tracks the local economy. The Index collects data on six sectors of the economy and is the most up-to-date source for monthly data on Humboldt Co. He will provide an overview of the county's economy over the last year, highlighting sectors that have held up the best during the current recession. He will review regional and national economic indicators as well, and update the state budget situation. He will also present the leading economic indicators for the county and will provide a forecast for the local economy. Particular attention will be paid to the housing market, where prices and sales have plummeted over the last three years, and employment, where the county unemployment rate has hit double digits.

Dr. Eschker earned his Ph.D. from the U of CA, Davis. He joined the Economics Department at Humboldt State in 1998 and is now the chairman. In spring 2004, he was awarded a Promising Faculty Scholars Award from HSU President McCrone. He spent his recent sabbatical at the Center for Population Economics at the U of Chicago and spent a year as a research economist at the American Medical Association.